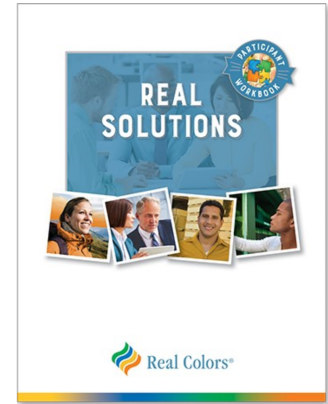


REAL SOLUTIONS

Real Solutions is a course designed to take Real Colors Learners to the next level of understanding how Real Colors creates a system to process stressful and uncomfortable situations. **Real Solutions** is a dynamic workshop that takes difficult situations that occur in relationships and shows how Real Colors concepts can make a difference.



Learning Outcomes

In **Real Solutions**, Learners will:

- identify what causes each temperament to become upset/angry
- explore what happens to each temperament, physically and emotionally, when upset/angry
- identify ways to resolve situations with each temperament
- identify the differences in how each temperament responds to change
- explore ways to successfully implement change in a manner that is ideal for each temperament

Topics and Activities include:

- Admires, Baffles, Questions
- Which Is Their Song?
- The Rest of the Story – Upset/Angry
- The Only Constant Is Change
- Convincing a Color to Change
- Advertise Your Color
- Real Colors Skills Sets
- Coping with Stress
- When You Are Stressed
- Working With Colors to Reduce Stress

Testimonial

Has Provided A Paradigm Shift For Our Non-Profit Organization

// Real Colors has provided a paradigm shift for our non-profit organization! Since implementing it, communication has improved 200%, which has lead to better team work, understanding, and personal relationships. It's an ongoing training source and our staff love it! //

Wanda Walker

Community Action of Minneapolis



Michelle C. López

CEO | Founder of P.E.A.R.L. Paragon Consulting LLC

Certified Facilitator since 2014

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